

# Water and Harmony

A free public information pamphlet  
issued by  
Harmony United Ltd.  
England

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## What is Water?

How much do you remember being taught about water in school? Not much, I'll bet; simply because almost nothing was taught!

You may remember being told that water consists of two hydrogen atoms coupled with one oxygen atom and is, hence, to be written, chemically, as  $H_2O$ . I also remember being told that water is a colourless, odourless liquid; neither of which statement is true. That's about it. Do you remember being told anything more?

Despite being given merely three minutes worth of information, two thirds of which was inaccurate, during your whole school life, there is rather more to water than this.

To begin to understand water it is first necessary to look at what service it performs for life upon this planet.

In the catalogue of living creatures known to mankind, there are over four million distinct life forms. Not one of them is able to survive without water! Some, it is true, have adapted to live in

areas where mere traces of water are to be found but, where there is no water at all, there is also no organic life.

This should tell you just how important water is to you - without it you would not survive more than three days. This may also cause you to question just why you have been told so little about this most essential of ingredients in your life. The simple answer is:

Until very recently, nobody, other than the shaman, had bothered to give water any study - it was just taken for granted that it would always be there both to drink and as a handy way of disposing of wastes. This lack of attention has already caused the extinction of several species and is endangering many more; including most of the human population of North America and Europe!

We are not, here, talking about deliberate pollution of water by dumping toxic wastes into the rivers and seas. No, we are talking about the so called drinking water being delivered to your homes and neighbourhood stores. Almost all of which is unsuitable for human consumption!

Living in Europe, one hears many horror stories, often from friends and acquaintances in North America, of just how incredibly bad the water coming through the pipe work can be. Until one has actually been there, it is difficult to imagine that things can really be as bad as described. I've been there; many times: I know!

My first trip lasted a mere 8 days but I came back home seriously dehydrated because the substance coming out of the faucet (tap) had so much junk in it that my body was unable to extract and assimilate the water content from it.

On my second trip, I followed advice and took a portable reverse osmosis kit with me. With this, I survived a whole month in North America without serious problems.

The worst water I've come across so far is in the city of Winnipeg (sorry Winnipeg but, at the moment, you're holding the Black Peter for the most poisonous city "water" in North America). Amongst other chemical junk, there is more chlorine in the so called drinking water than one is allowed to put into a public swimming pool in Germany! Chlorine is directly poisonous to almost

all organic life, including humans. As I have no acquired tolerance for Winnipeg "water", one sip left me feeling quite ill for more than 2 hours.

One wonders, of course, to what extent this "water" is responsible for both the physical as well as for the mental health problems of the city. It certainly plays a very significant rôle but there are no actual figures available.

So what do we really need to understand about water? What is it? Just why is it so essential? Is water really so simple as we're told in chemistry lessons or is Masaru Emoto (<http://www.masaru-emoto.net>) the man with the correct idea?

Let us first look at the natural cycle of water. When it first comes out of the ground, it is a well-known fact that (unless there are chemical pollutants) such water is always safe to drink.

Have you ever wondered why this is so?

Natural, vital water as it springs out of the ground radiates ultra-violet light. This is well known as a natural anti-septic as ultra violet radiations prevent the reproduction of uni-cellular

organisms, i.e. bacteria and viri. Strangely enough, however, pure spring water actually supports symbiotic bacteria such as your intestinal flora. There is probably a Nobel Prize waiting for the person to explain this phenomenon of "intelligent water" being a selective anti-septic.

Further than this, such water almost always contains a mix of minerals essential for good health and in a form which the human body can readily assimilate. This, then, is the chemistry.

Much more important, however, is the physical structure of the water, i.e. what sort of information is it carrying?

Observe, for a moment, just what happens to water after it leaves the spring. It moves always downhill, joining stream then river and, flowing further still, eventually reaches the sea. Upon this journey, water takes part in many processes and experiences many changes in its' nature.

Water is the essential universal information carrier which makes this planet's organic recycling system possible. Upon its' journey from spring to ocean, water becomes more and more involved in

organic recycling (putrefaction processes) and bears, consequently, less and less of the vitalising information structure which it had at the spring. By the time that it reaches the sea, the water in most rivers would be extremely dangerous to drink, not merely because of the chemical substances which it is transporting but, even more, because this "water" supports not vitality but, rather, putrefaction and, so, directly encourages the growth of parasitic organisms which would naturally recycle the human body after death.

From the oceans, water is chemically distilled by the action of the sun's rays and rises up to form clouds. As the wind pushes the clouds over the land, they are forced to rise up, becoming cooler. This causes the water vapour in the clouds to condense and to fall as rain. As the rain falls upon the mountains, it enters the earth and stone which not only give to it some of their minerals but, even more importantly, they remove all traces of the putrefaction information and impart to it the natural vital information which makes life as we know it possible.

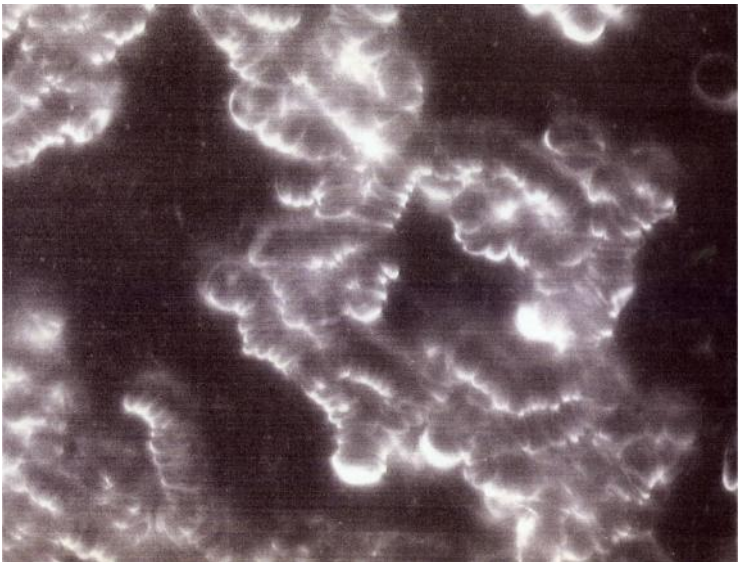


Mankind ignores this natural cycle at his own peril.

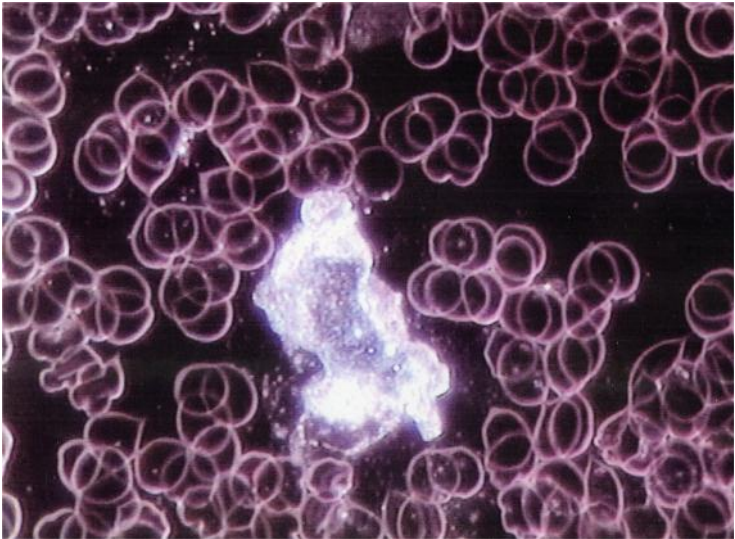
## Your Blood

Human blood, your blood, consists, to 93%, of water, i.e. the water which you drink. If the water you drink is actually a chemical and physical poison, your blood is not going to be any different! You can't make a silk purse out of a sow's ear.

If your blood is made 93% out of junk, it will, probably, look rather like this:



Whereas, healthy, fully functional blood looks like this:



The first photograph shows blood which is not capable of either properly carrying nutrients and oxygen to your cells nor metabolic wastes to your body's discharge organs. The man whose blood this was, very nearly died and was completely given up by medicine.

The second photo is of classic, completely healthy blood which will function as nature intended.

***Both are the blood of one and the same man!***

Just a few weeks separate the two photos after he was taught how to revitalise his body water and his blood.

It goes without saying that not only his physical but also his mental well-being dramatically improved over those few short weeks.

Improvements would actually be seen within 40 minutes. The reason that there are a few weeks between the photos is that the first one is from a blood sample taken after being sent home to die; the second after he had returned to his profession and was, once again, happily at work.

What he actually did was to wear a Harmony Evolution upon his thymus gland throughout those few weeks. This removed all of the informational junk from his body's water, reduced the water molecule cluster size to one which could

actually enter his capillaries (the very finest blood vessels going directly to the cells) and enabled the process of detoxifying his entire body. Result: instead of a coffin, enjoying life again.

For more details, please go to:

[www.harmonyunited.com](http://www.harmonyunited.com)

## Making Good Water

No matter how badly polluted the water is, it is possible to make good drinking water out of it. Dependent upon the amount of pollution, there are differing procedures. Mostly, with a few rare exceptions, it is possible to use normal tap water (USA: city water) as your raw material.

The simplest method is to purchase a good quality water ioniser. These are machines which will, first, filter a lot of the common unwanted substances from the water. Then the water will be electronically, divided into acidic and alkali ions (hence the name ioniser). What this means is that you put one type of water into the machine and two differing types come out. The one is acidic and contains the acidic additives such as chlorine and fluoride. The other is alkali (what your body needs) and contains many essential minerals.

With an ioniser, you get what you pay for. A cheap machine may be unreliable and, perhaps, only function for about one year. A quality machine, which may well cost £1800 (around \$2600) will often be guaranteed for five years or more. The point is this; the cost per pint of high

quality drinking water drops way below ten cents, giving you enormous savings over bottled water which will pay for the machine many times over during its lifetime.

If, for example, your water is so badly polluted, as in parts of Oakland, Oregon, that it is directly carcinogenic then more complex procedures are advisable.

In such circumstances, distilling the water - a very high energy cost - or reverse osmosis - a very high water cost - may be the first step. Please note, distilled and reverse osmosis waters are NOT drinking water. They have no mineral content and are highly acidic; they will leach essential minerals from your body.

The reverse osmosis technology was originally invented to turn sea water into water which could be used to cool the batteries and nuclear reactors on submarines - it was never, ever, intended to produce drinking water.

Distilled and osmosis waters give you a basic substance from which it is possible to make drinking water. You then need to add a cocktail of minerals to make it suitable for human

consumption. Search online for alkalising minerals for drinking water to find a supplier - or perhaps you know a good chemist?

Whichever of the three methods is appropriate for you, one final step is necessary. This step is necessary even if your water is chemically very good.

The informational and energetic junk must also be removed or your body will be unable to recognise it as water and will not be able to use it. To do this, simply place your glass of water on a Harmony Evolution for 5 seconds (a quart jug takes about 20 seconds). This changes the water as you have seen in the “Harmony and Water” newsletter here:

[www.harmonyunited.com/web/en/water-and-harmony.html](http://www.harmonyunited.com/web/en/water-and-harmony.html)

I think that you will recognise instantly which water is best for you.