

Just what, exactly, is Influenza?

A little self observation as well as the observation of others may give you some clues on this. With some more knowledge of how and why the human body actually functions (see "What is your Body Saying" which comes as a bonus gift with book "The Flu Fairy Tale" from <http://www.theflufairytale.com>) and by adding in that which you have already read in this booklet you may well reach a startling and reviving conclusion – Influenza is not a dis-ease at all but a natural solution for one!

A very great many of the events which pharmaceutical medicine has taught us to call illnesses are, in point of fact, natural solutions for a whole host of dis-eases as well as being completely natural detoxification processes and tools. By misinforming us about their true nature, we have been lead into investing vast sums of money in buying poisons from the pharmaceutical conglomerate which have the expressed purpose of stopping and preventing the natural ways of healing which are available to everyone at zero cost.

It is **not** a co-incidence that many neo-Christian churches actively preach that natural healing is the work of the devil and only pharmaceutical medicine is approved by God. The funding of many such churches is extremely obscure to say the least. Would you not say that THIS is the glib tongue of "the devil" at work sponsoring many of the "false prophets" which The Bible warns us will appear at this time? For more details on the origins of this, see "A History of Medicine...." which you can download for free from <http://www.543bookshop.com> .

Observing what happens during and as a result of a bout of 'flu, we note that the joints and eyes ache, the lungs usually secrete excess fluids, muscular strength is greatly reduced and that afterwards we both feel and look younger, our mind is more acute and perceptive, our body is softer, more flexible and smells fresher. Doesn't this look to you as though something good was going on when this is always the outcome? Although less readily observable (unless you know how to read the related points on the face, feet

and hands) all of your body's organs have also received a "Spring cleaning" and are much fitter and better able to carry out their intended functions.

To see more clearly why these particular symptoms normally appear, it is helpful to observe what happens when this form of purification does not take place. If we go to bone cancer, we observe that the prime cause is constant chronic fear which has built itself up to such a pitch that an expectation that "life is out to kill me" causes a breakdown of the organisational information structures in the bones. Why the bones, you might ask? Bones are about support are they not? If life is "out to get you", i.e. not supporting you then this is directly contradictory to organised skeletal information, isn't it?

Looking for supporting evidence, we note that fear will cause loss of muscular strength. Fear will make your body very acidic and smell unattractive both because the production of sexual pheromones is suppressed as well as causing your body to store rather than to eject metabolic wastes. This is why you tend to sweat a lot during a bout of 'flu. This sweating takes place not only externally but also in all the hollow spaces of the body which is why your lungs are "congested" and you often get both diarrhoea and vomiting; pretty conclusive evidence of a thorough detoxification process.

Hindering or stopping this process causes your body to pile up even more problems which, as we see with bone cancer, can be long-term lethal.

So, this process called 'flu is primarily about fear and the dissolution thereof.

Is Influenza an isolated "one of a type" or are there other similar processes commonly experienced? We certainly don't have to look far to find other natural detoxification processes. Why do you always look and feel happier and smell fresher after a cold? Because this is a natural dissolution and ejection of sadness information and "yin" substances consumed in the mistaken belief that they are foods (principally sugar, white flour, soft drinks and cow dairy). Lung cancer is an example of the long-term effects of not discharging such emotional and physical toxins.

What is a fever but a dissolution of stored anger or frustration making you lighter, more flexible and mentally clearer as the result?

All skin "problems" are ways in which your body will discharge metabolic wastes and other toxins through your skin (acne, psoriasis etc.) when the normal detoxification organs are weakened through chronic malnutrition or depressing emotions such as loneliness which will seriously restrict the kidney function.

So, influenza, as a natural detoxification method, is far from unique.

So, what role does a 'flu virus play in all this? Well, a 'flu virus is not parasitic but symbiotic! It is there to help us rapidly dissolve fear. It does this by dismantling cells which have had their informational structure so seriously damaged by constant fear that they have become the source of a fear habit leading to the completely false perception of the world as threatening. Further proof of this is shown in this article.

<http://encyclopedia.thefreedictionary.com/Avian+Flu>

The article is, I know, not quite pure, being a mixture of both real hard facts (such as 'flu viruses are present in virtually everyone but an illness very rarely occurs) plus groundless, pure speculation that if, if, if and if..... were to take place then that, that, that and that could happen (one such scenario being a human 'flu pandemic similar to "Spanish 'flu" which occurred in 1918).

What actually leads to a 'flu death is when a human being is so overloaded with stored toxins and/or life threatening traumas that the number of informationally damaged cells which need to be taken apart exceeds the level at which the physical body can continue to exist as a functioning organism and the whole thing gets recycled. This is why the only ones who actually lose their bodies in a bout of 'flu are the aged and infirm; normally healthy people enjoy a nice detoxification and get on with living. The only recorded occurrence of deaths happening to significant numbers of people was the "Spanish 'Flu" of 1918.

Spanish 'Flu did not, contrary to the implication in the name, originate in Spain but in US troops on their way from America to Spain. There is some speculation that an especially potent virus somehow got loose from the US bacteriological warfare unit and it was this which the soldiers carried with them to Spain. It is certainly true that the US was experimenting with 'flu strains as a bacteriological weapon at that time but, more than 90 years later, it is difficult to show how it got from there to the soldiers with absolute certainty.

What we need to do is to look at the date, Spring 1918 when World War I had been raging for nearly four years, had already killed millions and showed no sign of coming to an end in the near future. The whole world was in trauma, Russia was in the throes of a violent and bloody civil war and the whole situation looked grim and uncertain for everyone. Just exactly the right circumstances to generate a severe dose of death anxiety; severe enough, in fact, to take the number of informationally damaged cells over the survival limit and this is exactly what happened.

Despite many other potent strains of 'flu virus making an appearance in the following decades and spreading rapidly around the world, the number of deaths was minimal and exclusively amongst the aged and infirm. Normally healthy people just went to bed for a few days, detoxified and went on living.