

Being a Hero(ine)

There has been, throughout most of recorded history, considerable effort invested into portraying the hero as one who, though feats of (usually) violent derring do, rescues those in distress. Nothing, however, could be further from the truth - the fact that such violence has become "necessary" shows, to the contrary, that heroism has been failing for some considerable time.

So who (or what), then, is a hero(ine)?

Looked into a mirror recently?

Being a hero(ine) is a choice which falls to each of us in every moment and the opposite is not cowardice, it is ignorance: Ignorance of your power and your abilities simply because you are not choosing to use and to experience them. The choice is one of belief about yourself. The choice is between listening to your heart and the still, calm voice of your soul or the raucous clamour of those trying to tell you otherwise.

Being a hero(ine) is to ignore those telling you what you are not, telling you what you should and must be, telling you that you are powerless to oppose injustice, telling you that those who have been "appointed" (priests, doctors, bureaucrats, etc., etc.) are unchallengeably omniscient. Being a hero(ine) is to listen to that within you giving you knowledge of who and what you really are. Whichever choice you make - and you can change from one instant to the next - your actions, your deeds follow naturally from that choice.

Heroism is about respect of and for the divinity within your true self. Heroism is about ignoring conformity and listening instead to the wild call of the wind as it breathes majesty through your soul. Heroism is about looking up into creation and, thereby, being the creator of your life. Heroism is about knowing that you and you alone are fully responsible for you and that only a fool would take heed of otherness.

Heroism is knowing that you are the immortal creator with all that this implies and the mere threat of "death" to a physical body is powerless to bend your will.

Heroism isn't violent - it's knowing that you don't need violence and then proving it.

Ever heard of Mahatma Ghandi? Mahatma means "great soul". And so you are. This is what you really are. This is that which, no matter what you have thought yourself until this moment, you can now choose to be. There is no constraint, no must, not even a should. It is a completely free choice for it is the one which you make for you alone. It is the one choice in which all advice from others is false; not merely because such "advice" perpetuates impotence but also because the choice, your choice, is about fully expressing the real, totally unique you. Only you can be this. Only I can be me. Knowing this uniqueness of self we loose all fear of separation as we loose all belief in being dependent upon the will of others for our existence.

Do you see what now becomes possible to you? Can you now grasp that the only limitations you ever had were those which you chose to believe in?

Letting go of beliefs in littleness, in lack, in impotence, in insufficiency, in worthlessness and dependence is not a mere change of clothes, it is a change of universe and yet you need do nothing whatsoever to change these beliefs.

A paradox? Not a bit of it. You see, it is from your beliefs about yourself and the World that you shape your experiences: Your experiences never shape your beliefs - it is always the other way around! Choose to believe something else and the old belief ceases to exist for you: That which does not exist has no effect. You are the programmer programming the operating system of your life. How big, how grand, how complex, how majestic do you want it to be? You choose, for no-one else can.

When?

Now, today, this minute, this moment?

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