

Self Development and the Harmony Chip

A journey to that which shall be



A Think About it Book
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Self Development - an act of being and becoming

Now, if you're any sort of reasonable human being (and we'll assume for the purposes of this monologue that you are) then you've always had a feeling that there's much more to you than the little been you're living up to right now.

The problem with this has always been twofold:

- 1) Nobody has ever told you how to find the missing bits.
- 2) Most, if not all, of your family and friends not only act as if there were nothing more but will also tell you so in no uncertain terms if you should ask. You may have noticed that this doesn't change your innate feelings.

This attitude does have a history in raw terror!

This "inner knowledge" of who you really are, the few who demonstrate "unusual" abilities, all the talk, magazines and books about "hidden" abilities serve to remind you daily that there must be something more than the daily grind from birth to death.

Is any of this really new?

No! None of it. Not at all.

The only "new" thing is that more and more people are willing to admit it and to express the courage to do so.

Please remember, these are not things available merely to the "chosen few" but untapped abilities which everyone has in them.

Up until the time when the Christian bishops began to dominate the political scene in Europe, i.e. around the end of the 4th century and for the next 1500 years, most people accepted such things as a normal part of life. It was a well-respected profession to study such things intensively, the Druids, the Wiccans, the Merlins and similar.

These professionals used their abilities to help the populace as a whole. They were the healers, the spiritual teachers, the advisors, the elders. In short, they were those who helped guide, protect and shape society. Their knowledge and teachings were based upon the true nature of mankind and natural balance

The problem which these students of Nature caused the Christian Priesthood was simply that, that which they taught and used actually works! Their teachings and the healing they gave were based upon the reality of the true nature of the World, were in accordance with natural laws and, so, attained the promised effects.

All the bishops had to offer was a call to be obedient in order to "purchase" a better after life; an officially stamped ticket to Heaven. Whilst this had its' attractions, especially for those wishing to give up all personal responsibility for themselves, the "competition's" ability to deliver real benefits now, was a constant thorn in the flesh for the bishops.

Slowly, but with gathering momentum, the hawkish arm of the bishop's council gained the upper hand in dealing with this "problem". One of their earliest "achievements" was the wholesale murder of the "Dionysian" branch of Christianity. They were the peoples who took Jesus' full teachings to heart, forswore all weapons and violence, lived in communities where all property and all children were in the joint custody and responsibility of everyone and sought to be at peace and in harmony with everything. The "Apollonian" branch, headed by "Saint" Paul and associates, managed to have these branded as fornicators and devil worshipers and whipped their followers up into the frenzy necessary to have all the Dionysians murdered. Thus ended Christianity and the mould was set culminating in the holocaust of the middle of the last century.

Justifying this first mass-murder, the concepts of heresy and blasphemy were born. These were then later applied to this very "troublesome" group who followed the teachings of "Goddess", i.e. peace, harmony, healing, selfless service, self-study and tolerance. A centuries long reign of terror followed culminating, in the

mediaeval period, in the wholesale murder of anyone disagreeing with the bishops, or causing them problems.

This thousand year suppression of self-knowledge, personal power, wisdom and independence is the sole source of the widely held belief that "exceptional" abilities demonstrated by the few are not available to all.

Self-development is about re-minding you that such abilities are the natural birthright of all and possessed by everyone.

How to get There.

Most of the widely known techniques for self-development, i.e. the re-awakening of suppressed abilities and learning to use them, are of oriental origin. The ancient civilisations of India, Tibet and China are the major sources of these techniques. Again, this is no accident; in those lands the priesthood did not seek personal political power (or, at least, not in the formation stages of their societies) but concentrated upon their true task of healing, teaching and service.

With the partial exception of Tibet, the priesthoods in those lands never developed the hierarchy so well known in the "Christian" World. The pogroms suffered in Europe and N. America were, therefore, unknown in those lands until the neo-Christian sects of Islam and totalitarian "communism" broke in upon the scene.

This atmosphere of general tolerance permitted and supported, in the Orient, the search of the inner World whereas the constant "threat" situation in Europe forced the study of the external World.

These two areas of knowledge are gradually being brought together.

Most of the material wealth of the World is concentrated in the Occident. Most of the spiritual wealth in the Orient. Bringing the two together has had some interesting results:

One nice, neat example is known in the Occident as Quantum Mechanics. This has been reached as the study of physics has attained maturity and all existence is shown to be a unified field in which no one thing can be absolutely identified as separate from everything else. Science has made its' greatest statement about the true nature of the cosmos and, then, finds the same thing written in ancient Sanskrit poetry (the Vedas), the Tao, the Laws of Magik and several other "esoteric" sources.

As the external search of the physical scientists reaches its' ultimate statement of reality it finds itself at exactly the same point, saying exactly the same thing, as the internal research of the spiritual masters.

This is the most exiting thing which has ever happened to humanity and that which prepares us for an enormous leap forward in becoming and expressing who we really are: It means the end of fear, the end of poverty, the end of loneliness, the end of suffering, the end of hierarchies, the end of imbalance, the end of strife and the end of suppression.

Mankind is awakening to who she really is!

This is self-development. Only by the blossoming of the true self can the tree of mankind bear fruit.

Which way do you want to go?

There are no invalid or improper ways; it is just that some are more painful than others and that some are faster. There is no particular reason to prefer any one way above any other. It is solely a question of your personal circumstances and preferences as to which will work best for you.

There is also no need for exclusion, many, myself included, have experienced that the application of two or more techniques reinforce and support each other.

I, for many years, was a practitioner of Kriya Yoga which is, possibly, the most powerful self-realisation meditation developed in the orient. Just before I reached teacher status I was moved to another area.

A few years ago I was asked to "clean up" a Japanese technique called Sukyo Mahikari No Wasa (translation: The Art of Giving the Light of God through the Hand) so that it became a self development tool available to all. At present I teach this only in Germany under the name "Ashtars Licht". This "clean-up" consisted of removing all restrictions, the hierarchy and the control structure from it and giving the full initiation immediately instead of a series of substitutes. The peculiar nature of this technique (both the original and the more powerful, "Ashtars Licht" versions) is that one cannot use it oneself! It can only be given to or received from others.

I mention these purely to show that I am no beginner in this area of human knowledge.

Last Christmas (2004), I was given, as a present, something which broke the mould in this area. Although it took me almost 7 months to realise just what I had in my hands, it has turned out to be not only the first real occidental development accelerator but also, in some aspects, even more powerful than Kriya Yoga!

Now, if you're not familiar with how thought structures function, you can do no better, at this time, than to view the movie "What the

Bleep do we Know". I picked this up at a small video shop in Ohio last week (16th of November 2005) so I know it's now available.

In a few months you will be able to read my magnum opus "The Quantum Mechanics of Thought". You don't need to search for it - everyone in my mailing lists will be notified automatically as soon as it's published.

In short, the human brain builds synaptic structures for everything that gets done frequently, i.e. habitual thoughts and actions get programmed on "autopilot"! This why life often seems to go around in circles. The human brain has no function which would enable it to determine whether a given action is life enhancing or destructive. It just accepts and carries out programming. You are the one who determines what will be programmed.

Now, because most brain programming follows learned expectations and, therefore, causes habitual actions which seem to verify the individual expectations, it can be a very difficult matter to change things: You've got to, somehow, get out of the box to look at it objectively. This is what many meditation techniques, and especially Kriya Yoga are about. They are, however, not designed for our society structures and can be very awkward to use. Kriya Yoga, for example, requires the dedication of up to four hours each day to practice. For very many people, not a practical option.

What is needed is some process which automatically identifies whether a particular "autopilot" programme is destructive or life affirming and which then removes the destructive programming. This, in effect, is what I was given for Christmas last year!

You see, at the quantum level, there is a natural attribute which identifies the quality of a process and permits only those which are ordered, i.e. in harmony with the universal energy. Unfortunately, at the level of the electron stream where free energy is constantly transformed into matter, this natural order is often almost completely lost. This allows, amongst other undesirable events, the building of chaotic and destructive brain programming.

What I was given last Christmas was the first Harmony Headphones. You can see full details of this at www.hu.headphones.getinharmony.com

The Harmony Headphones incorporate three Harmony Chips which enable it to return the natural harmony to brain programming by ordering the electron streams from which they are created. Chaotic programming becomes, thereby, impossible and destructive brain programmes already present are gently dissolved by feeding them with exclusively ordered, i.e. harmonious energy.

One can wear the Harmony Headphones at any and all times even whilst one is intensively occupied with something else.

As you will see in the film "What the Bleep do we Know", the synaptic structures enabling "autopilot" actions are semi-permanent. If correction is applied every time that the structures are triggered, then the brain will begin to dissolve them. This then allows other synaptic structures to be built. If you're using the Harmony Headphones, then, because all the available energy is ordered, the only possible synaptic structures which can be built are those which are in accord with the natural harmony of the universe. The effect of this is that your life moves into harmony with the energy and information around you.

Should you wish to express doubt, as some do, that the energy fields surrounding each human being are real, then I would refer you to the following:

In 1984, Dr. Carlo Rubbia, a physicist from Zürich in Switzerland was awarded the Nobel Prize for his work in precisely defining and quantifying the human energy fields. It is a proven scientific fact, verified at the highest level!

The effect of this harmonising is both immediate and dramatic: As the destructive synaptic structures are dissolved, conflict with other energy fields around you, i.e. other human beings, becomes, to all intents and purposes, impossible. Even if someone near you is very aggressive and chaotic, there is nothing within you with

which such energy can react and you not only remain, personally, unaffected by their chaos but also, by not reacting, help them to dissolve it and to set their feet upon the road to harmony.

Consider please also this point: Almost half of all illnesses are created by chaotic synaptic structures which prevent proper function of organic systems. The brain controls not only most systems directly but also, by controlling the entire hormonal activity via the hypothalamus, all other systems! Can you see that harmonised brain structures are also going to make a difference to your bodily health?

To get the maximum benefit in the shortest possible time, there is also a free 10 week intensive training course to help rapidly delete the most destructive programmes in the brain.

Just go here now:

www.hu.pancreas.getinharmony.com

Any further questions please mail to
healers@harmonyunited.com

Harmonisingly yours,



A handwritten signature in black ink that reads "Karma Singh". The signature is written in a cursive, flowing style.

Karma Singh
Harmony United Ltd